

Team Leader Training Course 2: Team Life

Meditation: John 17: 6-10, 20- 26



The first Eucharist, depicted by Juan de Juanes, mid-late 16th century

John 13- 18 last supper discourse

John 17: 6-10, 20- 26

“I have revealed you^[a] to those whom you gave me out of the world. They were yours; you gave them to me and they have obeyed your word. ⁷ Now they know that everything you have given me comes from you. ⁸ For I gave them the words you gave me and they accepted them. They knew with certainty that I came from you, and they believed that you sent me. ⁹ I pray for them. I am not praying for the world, but for those you have given me ,for they are yours. ¹⁰ All I have are yours, and all you have are mine. And I am glorified in them.

My prayer is not for them alone. I pray also for those who will believe in me through their message, ²¹ that all of them may be one, Father, just as you are in me and I am in you. May they also be

in us so that the world may believe that you have sent me. ²² I have given them the glory that you gave me, that they may be one as we are one— ²³ I in them and you in me—so that they may be brought to complete unity. Then the world will know that you sent me and have loved them even as you have loved me. ²⁴ “Father, I want those you have given me to be with me where I am, and to see my glory, the glory you have given me because you loved me before the creation of the world. ²⁵ “Righteous Father, though the world does not know you, I know you, and they know that you have sent me. ²⁶ I have made you^a known to them, and will continue to make you known in order that the love you have for me may be in them and that I myself may be in them.”

Reflection:

Jesus speaks all of John 13-18 at the last supper. After speaking tenderly to his disciples, he talks to the Father and reveals to us what true communion is. “(6) Those that you Gave me out of the World. They were yours and you gave them to me...(10) all yours are mine, and mine are yours and I am glorified in them.” YOU are a gift from the father to the Son. Think of that....

Communion. We are made for union with Christ. That is our true goal, purpose, reason for being. It's not about being a better version of yourself, it's about being who you truly are: A child of God a gift from the Father to the Son, the very person Christ has prayed may be one with him and with the Father. That is our true self. This life is a journey of becoming who we are, for us and for each person around you. If Christ is in me and Christ is in you, he wants us to be one too. We were created for communion. The charism of any Movement has 3 elements, Spirituality, Communion and mission. This deeply lived, deeply shared love of Christ 'impels us out of ourselves in evangelization in the Regnum Christi charism.

As a Team Leader, my goal, my prayer, my work, is to build the kingdom of God through my team. There are many practical and organizational elements, but the goal is that each of my members is given support to reach Union with God, that we reach for that together, in Communion, and that that shared love and complete joy impels us out to Evangelize, essentially sharing that joy and love with others.

Why Team Life?



Team life in Regnum Christi is meant to support the development of the group- and the development of the individual, with her particular availability and stage of life. A team is a number of members that come together to help each other in their holiness and perseverance, formation and apostolate, like the first Christian communities...

[Ideally] it comes together in a natural way through friendship, affinity or common interests. The team is not an end in itself, but rather a means for the members to help each other carry out fully their vocation in the Church, through the Movement. Team life teaches us to work in collaboration with others leaving aside individualism, and it enhances the possibilities of each member by utilizing and combining their individual qualities and abilities.

RCMH321

Being with others in a community takes us out of the natural self-centeredness we have due to original sin. God himself chose to be a community of love in the Trinity, a love that overflowed into loving action to others. We give to each other, we receive from each other. We learn to appreciate differences and see our similarities as gifts. We allow Christ to love others through us. We encourage each other and hold each other accountable to strive to fulfill the commitments we made to Christ in Regnum Christi.

Objectives of the team

On the spiritual level, the team's purpose is to help the members live charity by giving themselves to others, and to have a concrete experience of their belonging to the Church as a communion of life through their mutual charity and unity.

The team, by its own life and dynamism, should help to create apostles from its members, giving them a deep sense of self-giving, service, and dedication to the cause of the Kingdom of Christ, and awakening their apostolic zeal and spirit of initiative.

From the human point of view, team life should teach the members to work with others, leaving aside individualism, unleashing each one's potential, and combining the qualities and skills of all the members.

All Movement members should ideally be part of a team. If no team exists where a member lives, they should try to build one.

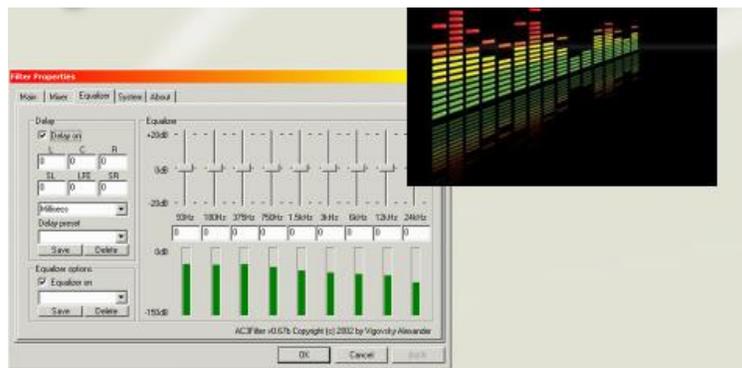
Ordinarily, you do not live your calling and membership in Regnum Christi in isolation. The Movement is above all a true, spiritual family in the Church. Therefore, the life of its members unfolds in the framework of spiritual communion and fraternal charity, as happens and has always happened in the Church since early Christianity. This reality takes concrete shape by belonging to a team, which is a small group of members who mutually help and encourage each other to live a better life, persevere in their Christian vocation and be more effective in their apostolic activity.

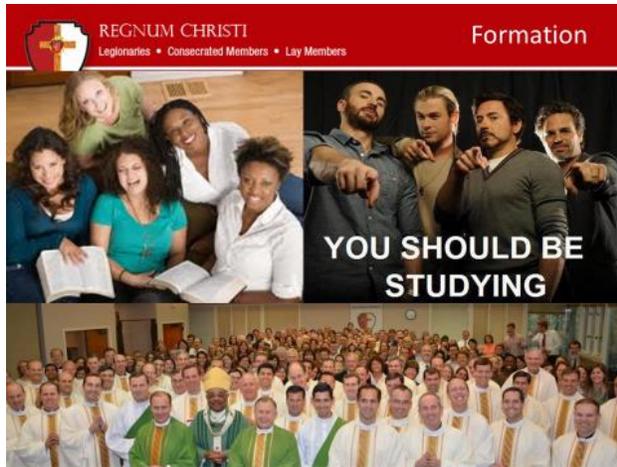
RCMH 64

Healthy Team Life is a balance of many elements. The balance is not static – it changes with time and the needs of each team's members. It needs to include:

- An environment that values formation
- An environment that cultivates spiritual growth, support and accountability
- An environment that includes dynamic social interaction and community
- An environment that encourages taking action for Christ
- An environment that supports the fulfillment of the vocation of Catholic laity

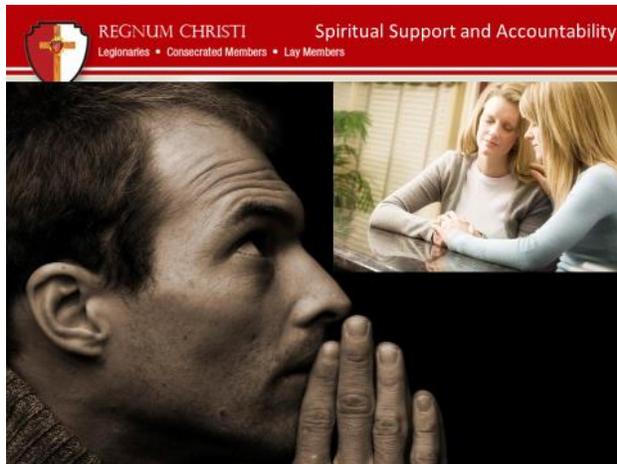
All of these elements are like the frequencies of sound that make up music- all music uses the same sound frequencies, but different songs and genres will have different levels of bass and treble, suited to bring out the best in the music.





An environment that values formation

Many people enter Regnum Christi because of their own conversion or a renewal of their own Catholic faith. As they begin to live with this greater intensity, they often develop a desire for ongoing formation. This formation can include various types: intellectual, spiritual, or moral formation. They enjoy study circles, book studies, conferences and other ways of renewing their minds. Often these members will seek opportunities elsewhere if team life in the Movement doesn't meet, on some level, this thirst for their personal formation.



An environment that cultivates spiritual growth, support and accountability

Some members desire a team life experience that provides a group of spiritual friends who act as a *support and accountability team* of sorts. These members want most to grow in their personal holiness and acts of piety. They recognize the value of having others pursue these same goals with them, through the Movement's structure. They value having a mutual solidarity of commitment from the others. This motivates them because they know they are not acting alone in their pursuit of spiritual growth.



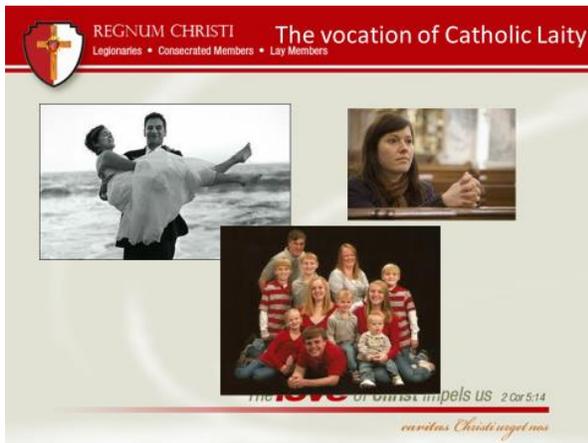
An environment that includes dynamic social interaction and community

Some members find the most appealing part of team life is the social dimension. Often members who live or work in stressful, sometimes dehumanizing, environments find refreshment and energy through interaction with others who share their faith. These members highly value spiritual friendships and fellowship. For them, a team environment becomes more appealing when members are able and encouraged to be unafraid to share how Christ has impacted them personally in their families, or in their other relationships or work environment and enjoy each other's company in healthy ways.



An environment that encourages taking action for Christ

Some members enter team life highly motivated to participate in an apostolate or other project for Christ and the Church. They look to Regnum Christi – a Movement of apostolate – as a place where they can embrace or launch a particular apostolic enterprise that will be challenging and impactful in its scope. For these members, they count their team members as collaborators, either through action or through prayerful support.



An environment that supports and strengthens the vocation of lay Catholics

The vocation of the laity to holiness, and to embrace God's love for them and give this love to the world through their identity as a child of God (as a spouse, a parent, a friend and a member of a community) is rarely supported in today's society. Regnum Christi members need support to live a balanced life, maintaining proper priorities, and living peacefully in a culture that is often ego-centric and materialistic. Many appreciate team life as a place that they can check their balance, find mutual support, be grateful for the gift of their vocation and work together with like-minded people on living it to its fullness.

Activities of Team Life:

1. The Encounter with Christ
2. Team Study Circles
3. Team Social events
4. Team Holy Hours
5. Team Apostolate

Other activities may become part of team life according to the needs of the team and the activities available.



Practical Application



REGNUM CHRISTI
Legionaries • Consecrated Members • Lay Members

Session 2 Activity

Read
John 13-18
RCMH 319-322 on Team Life

Look at the elements of team life in the worksheet provided and ask yourself the following questions regarding your team. In each area:

1. What are some signs of an environment with a healthy value of formation, spiritual support & accountability, social interaction, action for Christ and vocational support on your team?
2. What are some signs that any area is too weak?
3. How can you foster an balanced environment with your team members?

Consider scheduling a 'teaching encounter, even on well established teams, to go over the elements of the EWC and WHY we do what we do

*The **love** of Christ impels us 2 Cor 5:14*

caritas Christi urget nos