

# Steps of RC Discernment and Orientation of New Regnum Christi members

## Prior to Incorporation:

- Someone is given the invitation to take a serious step in walking with Christ in faith and discern his call for them, usually with the help of a friend who is a Regnum Christi member
- They begin a discernment period, in which they should:
  - Attend open Monthly Retreats or Mornings/Evenings of Reflection
  - Attend Open Spiritual Exercises
  - Get involved in the RC mission through the apostolate of the Movement
  - Attend Discernment Course
  - Receive accompaniment and Personal attention from RC mentor/team leader as needed or requested; all who complete the Discernment Series are offered a chance to meet with the Section Director to discuss life in RC.
  - Participate in EWC and team life for up to 6 months to experience team life in discernment
- An invitation to incorporate is made where appropriate. The member incorporates by
  - 1. Writing a letter to the Section Director expressing their path of discernment and free desire to become a member of Regnum Christi.**
  - 2. Participating in the Rite of Incorporation, usually held on the Feast of Christ the King, at the end of Spiritual Exercises, at conventions or other approved events.**
- A person is considered an incorporated member of the Movement from the time either of the 2 components are completed, as they represent their free act of the will, discerned and accepted, and the acknowledgement of the Movement that the person is now an RC member, either by a response to their letter from the section director, or by signing the certificate at the Rite of Incorporation.

### **After Incorporation:**

- A prompt entry into team life is important. Team Leader should meet with the new member monthly and go over the ‘Beginnings’ course with them at their first meeting.
- The apostolate coordinator should meet with the new member soon before or after incorporation to discuss possible ways to live their charismatic call to mission, either through an apostolate that is already organized by the Movement, or through another apostolate that corresponds to the charism and mission of Regnum Christi, as well as the new member’s interests, talents, skills and availability.
- Prompt attention from the Spiritual Guide/Director offered to the member. The member can choose any Spiritual director they prefer, the team leader should give them a list of qualified RC spiritual directors and guides and help them find the one best suited for them.

### **Welcoming new members into RC Life**

- To help new members integrate into the Movement, a high quality annual program for section integration should include:
  1. A vibrant and dynamic Fall Kick Off – full of fun, time to visit and “catch up” and a presentation from each AFIRE Coordinator with a high level overview of her part of the section’s Annual Program including motivation for members to get involved.
  2. Strong formation and personal attention for the Team Leaders by the Group Leader so that they are well prepared to lead their teams in a dynamic and vital team life
  3. Each team with a team apostolate or apostolic project, suited to the gifts, talents and availability of the team, appropriate to the Charism, and involving all team members
  4. A monthly schedule for the section that includes all the essentials for forming strong members and building a vital team life
    - Encounter With Christ
    - Study Circle
    - Holy Hour
    - Monthly Retreat
    - Integration time



5. Study Circles are prepared according to the needs of each team. These can be different depending on the team but all under the direction of the Section Director through the Formation Coordinator.
6. Each team urged to have their own social life apart from the section to build true friendships.
7. The Feast of Christ the King celebration and is prepared with great love and attention to the details such that it really achieves the objective of building up the Mystique of the Movement through the families. Guests come and love the experience!
8. Virtue card and Saint of the Year party for all members early in the New Year. This is applied according to the tradition of the LC's and RC Consecrated with all gathered together close to the Feast of Epiphany, and each receive a card with a virtue and Saint for the year ahead, along with a quote that corresponds.
9. Second Degree members are given extra formation and support so that they can be the life blood of the section.
10. Monthly Retreats and Spiritual Exercises are offered with the needs and availability of the members in mind.
11. The lay Spiritual Guides are formed through the RC Spiritual Guide Training Program, as well as by the section director or Chaplain.