

*Thy Kingdom Come!*

## **Recommended book list by topic**

Compilation from Spiritual Directors in the Regnum Christi Movement  
(Priests, Consecrated Women and Lay Members)

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### **1. Discernment**

[Authenticity](#) Dubay, Fr. Thomas

[The Discernment of Spirits: an Ignatian Guide for Everyday Living](#) also [Examen](#) and [Spiritual Consolation](#) Gallagher, Timothy M, OMV

[Spiritual Exercises](#), especially the section entitled, “Rules for the discernment of spirits” Ignatius of Loyola

[Called to Life](#), [Interior Freedom](#), [In the School of the Holy Spirit](#), [Searching for and Maintaining Peace: A Small Treatise on Peace of Heart](#), [Time for God](#) Philippe, Jacques

[Abandonment to Divine Providence](#) De Causade, Jean-Pierre

## 2. Prayer

Benedict XVI's Homilies from the [Vatican website](#)

[In Sinu Jesu: When Heart Speaks to Heart- The Journal of a](#)

[Priest at Prayer](#) A Benedictine Monk

[Difficulties in Mental Prayer](#) Boylan, Eugene

[Lukewarmness: The Devil in Disguise](#) Carvajal, Francis

[Catechism of the Catholic Church](#) section on prayer

[The Twelve Degrees of Humility and Peace](#) Clairvaux, St. Bernard

[The Gift of Faith](#) Dajczer, Fr. Tadeusz

[Deep Conversion/Deep Prayer](#), [Fire Within](#), [Prayer Primer: Igniting a Fire Within](#),  
Dubay, Thomas

Pope Francis' homilies from the [Vatican website](#)

[Drinking from a Dry Well](#), [Experiencing God: The Three Stages of Prayer](#), [Opening to God](#), [Weeds Among the Wheat](#), [When the Well Runs Dry](#), Green, Fr. Thomas

[Listening at Prayer](#) Groeschel, Fr. Benedict

[The Art of Praying: The Principles and Methods of Christian Prayer](#) Guardini, Roman

[Prayer: The Great Conversation](#) Kreeft, Peter

[True Devotion to the Holy Spirit](#), [The Sanctifier](#), [Secrets of the Interior Life](#) Martinez,  
Archbishop Luis M.

[The Fulfillment of All Desire](#) Martin, Ralph

[Conversation with Christ: The Teaching of St. Teresa of Avila about Personal Prayer](#) Rohrbak, Peter Thomas

[Little Talks with God](#) Catherine of Siena

[Interior Castle](#), [The Autobiography of St. Teresa of Avila: The Life of St. Teresa of Jesus](#), [The Way of Perfection by Saint Teresa of Avila](#), Teresa of Avila

[The Collected Works of St. John of the Cross](#) St. John of the Cross

### 3. Temperament & Spiritual Faculties

[Spiritual Theology](#) Aumann, Jordan, O.P.

[God Is Love: Deus Caritas Est](#), [Saved in Hope: Spe Salvi](#), [Charity in Truth: Caritas in Veritate](#) Benedict XVI

[The Temperament God Gave You: The Classic Key to Knowing Yourself, Getting Along with Others, and Growing Closer to the Lord](#), [The Temperament God Gave Your Spouse](#) Bennett, Art & Laraine

[Personality Plus: How to Understand Others by Understanding Yourself](#) Littauer, Florence

[Self-knowledge and self-discipline](#) Maturin, Rev. B. W.

[Victory Over Vice](#) Sheen, Archbishop Fulton

### 4. Morality, Marriage & Family Life

[Boundaries: When to Say YES, When to Say NO, To Take Control of Your Life](#) Cloud, Henry, & Townsend, John

[The Dignity of a Person \(Dignitas Personae\)](#) Congregation for the Doctrine of the Faith

[The Heart of Virtue: Lessons from Life and Literature Illustrating the Beauty and Value of Moral Character](#) DeMarco, Donald

[Fathered by God: Learning What Your Dad Could Never Teach You](#) [Wild at Heart: Discovering the Secret of a Man's Soul](#), Eldredge, John

[Captivating: Unveiling the Mystery of a Woman's Soul](#) Eldredge, John and Stasi

[If You Really Loved Me: 100 Questions on Dating, Relationships, and Sexual Purity; Pure Love](#) Evert, Jason

[Marriage and the Family in the Documents of the Magisterium: A Course in the Theology of Marriage](#) Garcia de Haro, Ramon

[Sex and the Marriage Covenant: A Basis for Morality](#) Kippley, John

[Catholic Sexual Ethics](#) Lawler, Rev. Ronald, Joseph Boyle & William E. May

[Marriage: The Rock on Which the Family Is Built](#) May, William E

[Boys Should be Boys: 7 Secrets to Raising Healthy Sons, Strong Fathers, Strong Daughters: 10 Secrets Every Father Should Know](#) Meeker, Meg

[Amoris Laetitia](#) Pope Francis

[The Gospel of Life: Evangelium Vita, The Role of Christian Family in Modern World: Familiaris Consortio, Letter to Families from Pope John Paul II: 1994 Year of the Family](#) Pope John Paul II

[Of Human Life-Humanae Vitae](#) Pope Paul VI

[Medicine and Christian Morality](#) O'Donnell, Thomas, SJ

Marriage and the Family, Sheed, F. J.,

[Power of Love](#) Sheen, Fulton

[Treating Pornography Addiction \(Book and CDs\)](#) Skinner, Dr. Kevin B.

[Humanae Vitae: A Generation Later, Why Humanae Vitae Was Right: A Reader](#) Smith, Janet

[Preparing for Adolescence: A Planning Guide for Parents; Preparing for Peer Pressure: A Guide for Parents of Young Children; Successful Fathers: The Subtle but Powerful Ways Fathers Mold Their Children's Characters](#) Stenson, James B.

[Good News About Sex and Marriage: Answers to Your Honest Questions About Catholic Teaching, Heaven's Song: Sexual Love as It Was Meant to Be, Theology of the Body Explained: A Commentary on John Paul II's Man and Woman He Created Them, Theology Of The Body For Beginners, Theology of the Body Explained: A Commentary on John Paul II's "Gospel of the Body"](#) West, Christopher

[Love and Responsibility](#) Woytyla, Karol (John Paul II)

[How We Love: Discover Your Love Style, Enhance Your Marriage](#) Yerkovich, Milan & Kay

## 5. Suffering

[The Kiss from the Cross: Saints for Every Kind of Suffering](#) Chervin, Rhonda

[The Sign of the Cross: Recovering the Power of the Ancient Prayer](#) Gezzi, Bert,

[Arise from Darkness: What to Do When Life Doesn't Make Sense](#) Groeschel,

Benedict

[Making Sense Out of Suffering](#) Kreeft, Peter

[My Spirit Rejoices: The Journal of a Woman of Faith](#) Leseur, Elizabeth (for women whose specific suffering is a husband who does not love the Lord)

[The Promise: God's Purpose and Plan for When Life Hurts](#) Morris, Jonathan, LC

[Interior Freedom](#) Philippe, Jacques

[Testimony of Hope: Spiritual Exercises of John Paul II](#) Cardinal Van Thuan, F. X. Nguyen

## 6. Virtue

[The Heart of Virtue: Lessons from Life and Literature Illustrating the Beauty and Value of Moral Character](#) Donald DeMarco

[The Virtue Driven Life](#) Fr. Benedict Groschel

[Thomas Aquinas on Cardinal Virtues](#) Kaczor & Sherman

[Back to Virtue: Traditional Moral Wisdom for Modern Moral Confusion](#) Peter Kreeft

[A Brief Reader on the Virtues of the Human Heart, Faith, Hope, Love](#) Joseph Pieper

[Spirituality of the 12 Steps, Detaching With Love](#) (both excellent treatments on Christian freedom, prudence, morality and prayer) Emmerich Vogt, OP, CD Set

## 7. Meditations

[The Better Part: A Christ-Centered Resource for Personal Prayer](#) –John Bartunek, LC

Alone with God –Jean Beyer, SJ

[Retreat With the Lord: A Popular Guide to the Spiritual Exercises of Ignatius of Loyola](#) – John Hardon, SJ

[The Imitation of Christ](#) –Thomas a Kempis

[The Imitation of Mary](#) –Thomas a Kempis

[Spiritual Exercises of Saint Ignatius](#) –Francis Mottola, SJ

[Prayers, Verses, and Devotions](#) – John Henry Cardinal Newman

[A Do It At Home Retreat: The Spiritual Exercises of St. Ignatius of Loyola](#) – Andre Ravier, SJ

[Soul: A Magnificent Message of Hope and Inspiration for All Men](#) – Archbishop Fulton Sheen

[The Joy of Knowing Christ: Meditations on the Gospels](#), Pope Benedict XVI

[Images of Mary](#), Alfred McBride, O.Praem.

## 8. Spiritual Reading to Come to Know Christ

Gospels of Matthew, Mark, Luke, John

[He and I](#) –Gabrielle Bossis (author is a single lay woman)

[He Leadeth Me](#) – Walter Cizek, SJ

[I Believe in Love: A Personal Retreat Based on the Teaching of St. Therese of Lisieux](#) – Pere Jean Du Couer de Jesus D'Elbee

[The Public Life of Our Lord Jesus Christ \(Two 2 Volume Set\)](#) – Alban

Goodier, SJ

[The Passion and Death of Our Lord Jesus Christ](#) – Alban Goodier, SJ

[The Greatest Story Ever Told](#) – Fulton Oursler

[To Know Christ Jesus](#) – Frank Sheed

[Life of Christ](#) – Fulton Sheen

[Only Jesus](#), – Archbishop Luis

Martinez

[The Friendship of Christ](#) – Robert Hugh Benson

[Jesus of Nazareth: From the Baptism in the Jordan to the Transfiguration](#) and [Jesus of Nazareth: Holy Week: From the Entrance Into Jerusalem To The Resurrection](#) – Benedict XVI

[Wood of the Cradle, Wood of the Cross: The Little Way of the Infant Jesus](#) – Caryll Houselander

[This Tremendous Lover](#) – M. Eugene Boylan

[Rise, Let Us Be on Our Way](#) – John Paul II

## 9. Spiritual Reading To Help Prayer

RC Essays by various authors at [www.rcspirituality.org](http://www.rcspirituality.org)

[The Better Part: A Christ-Centered Resource for Personal Prayer](#) (introductory essay on prayer) – John Bartunek, LC

[Difficulties in Mental Prayer: A New Edition of a Classic Guide to Meditaion](#) – M. Eugene Boylan

[The Gift of Faith](#) – Tadeusz Dajczer

[Interior Freedom](#) – Jacques Philippe

[Searching for and Maintaining Peace: A Small Treatise on Peace of Heart](#) – Jacques Philippe

[An Introduction to the Devout Life](#) – St. Francis

deSales

[A Handbook of Spiritual Perfection](#) – Philip Dion

[Opening to God: A Guide to Prayer](#) – Thomas Green

[When the Well Runs Dry: Prayer Beyond the Beginnings](#) –Thomas Green SJ

[Prayer and Common Sense](#) –Thomas Green, SJ

[Sensing Your Hidden Presence: Toward Intimacy With God](#) – Rev. Ignacio Larranaga

[How to Pray Always](#) – Raoul Plus

[Progress In Divine Union](#) – Raoul Plus

[Secrets of the Interior Life](#) – Archbishop Martinez

[Spirit of Penance, Path to God: How Acts of Penance Will Make Your Life Holier and Your Days Happier](#) – Hubert van Zeller

[Holiness: A Guide for Beginners](#) – Hubert van Zeller

[The Reed of God](#) – Caryll Houselander

[The Secret Diary of Elisabeth Leseur: The Woman Whose Goodness Changed Her Husband from Atheist to Priest](#) – Eliabeth Leseur

[Hail, Holy Queen: The Mother of God in the Word of God](#) – Scott Hahn

[The Lamb's Supper: The Mass as Heaven on Earth](#) – Scott Hahn

[The World of Prayer](#) – Adrienne Von Speyr

## 10. Understanding the Apostolate

[Radiating Christ](#) –Raoul Plus

[The Soul of the Apostolate](#) –Jean-Baptiste Chautard

[Inner Strength for Active Apostles: How to Win Souls Without Losing Your Own](#) –Jean-Baptiste Chautard

[Boundaries: When to Say YES, When to Say NO, To Take Control of Your Life](#) -- Henry Cloud & John Townsend

[Detaching with Love](#) –Emmerich Vogt, OP (CD set)

[Interior Freedom](#) – Jacques Philippe (about the spiritual life, but will aid the soul with good decision-making and personal freedom)

[The Hidden Power of Kindness: A Practical Handbook for Souls Who Dare to Transform the World, One Deed at a Time](#) – Lawrence Lovasik

[Saved in Hope: Spe Salvi](#) – Pope Benedict XVI

[In the Heart of the World: Thoughts, Stories, and Prayers](#) – Mother Teresa

[Mother Teresa's Secret Fire: The Encounter That Changed Her Life and How It Can Transform Your Own](#) – Mother Teresa