Novena
to the Sacred Heart
of Jesus
Day 1

“Behold this Heart, which has loved men so much, that It has spared nothing, even to exhausting and consuming Itself, in order to testify to its love; and in return I receive from the greater number nothing but ingratitude by reason of their irreverence and sacrileges, and by the coldness and contempt which they show Me in this Sacrament of Love. But what I feel the most keenly is that it is hearts which are consecrated to Me, that treat Me thus.”

Words of Jesus to Saint Margaret Mary Alacoque

Prayer

Christ Jesus, you have revealed to us that you have a heart full of love and mercy that burns in the desire to be loved by all and to give us all its treasures. Grant us the ability to know how you feel so that we can make your sentiments our own, and so that the flame of your love may transform us and enable us to love like you.

We ask your forgiveness for our indifference and lack of love, for our lack of faith, for our negligence, ingratitude, and contempt; for our pride and lack of trust; for all our sins, and especially for those of consecrated souls, your beloved children.

Sacred Heart of Jesus

R/. Thy Kingdom Come!
Day 2

"Take my yoke upon you and learn from me, for I am meek and humble of heart; and you will find rest for yourselves. For my yoke is easy, and my burden light."

Mt 11:29-30

Prayer

Christ Jesus, you told St Margaret Mary Alacoque that only a humble heart can enter into your Sacred Heart, converse with it, love it, and be loved by it. Grant us to imitate your humility, and the kindness and sweetness of your Heart, so that we can rest in you and renew our lives.

We ask your forgiveness for our indifference and lack of love, for our lack of faith, for our negligence, ingratitude, and contempt; for our pride and lack of trust; for all our sins, and especially for those of consecrated souls, your beloved children.

Sacred Heart of Jesus

R/. Thy Kingdom Come!
Day 3

“I feel this more than all that I suffered during My Passion. If only they would make Me some return for My love, I should think but little of all I have done for them and would wish, were it possible, to suffer still more. But the sole return they make for all My eager-ness to do them good is to reject Me and treat Me with coldness. Do thou at least console me by supplying for their ingratitude, as far as thou art able.”

Words of Jesus to Saint Margaret Mary Alacoque

Prayer

Christ Jesus, you are the only one who can make up for the way the sins of mankind have offended God. Help us to unite ourselves to you in reparation, in our humble measure, by uniting our weak love to your redeeming Heart.

We ask your forgiveness for our indifference and lack of love, for our lack of faith, for our negligence, ingratitude, and contempt; for our pride and lack of trust; for all our sins, and especially for those of consecrated souls, your beloved children.

Sacred Heart of Jesus
R/. Thy Kingdom Come!
Day 4

“The Heart of Jesus asks you to trust in his kindness so that you experience the sweetness and strength of his assistance in your needs.”

Saint Margaret Mary Alacoque

Prayer

Christ Jesus, you have shown us the extravagance of your love by offering your life for us on the cross. Grant us to trust you in such a way that we abandon ourselves to your love, no longer fearing anything, and able to do everything.

We ask your forgiveness for our indifference and lack of love, for our lack of faith, for our negligence, ingratitude, and contempt; for our pride and lack of trust; for all our sins, and especially for those of consecrated souls, your beloved children.

Sacred Heart of Jesus
R/. Thy Kingdom Come!
Day 5

“Therefore, I ask of thee that the Friday after the Octave of Corpus Christi be set apart for a special Feast to honor My Heart, by communicating on that day and making reparation to It by a solemn act, in order to make amends for the indignities which It has received during the time It has been exposed on the altars. I promise thee that My Heart shall expand Itself to shed in abundance the influence of Its divine love upon those who shall thus honor It, and cause It to be honored.”

Words of Jesus to Saint Margaret Mary Alacoque

Prayer

Christ Jesus, you have shown us the thirst you have to be loved by all people so that you can fill us with your graces. Grant us to honor your Sacred Heart with such love and trust that our names are engraved in it.

We ask your forgiveness for our indifference and lack of love, for our lack of faith, for our negligence, ingratitude, and contempt; for our pride and lack of trust; for all our sins, and especially for those of consecrated souls, your beloved children.

Sacred Heart of Jesus

R/. Thy Kingdom Come!
Day 6
“My mercy is greater than your sins and those of the entire world. Who can measure the extent of my goodness? For you I descended from heaven to earth; for you I allowed myself to be nailed to the cross; for you I let my Sacred Heart be pierced with a lance, thus opening wide the source of mercy for you. Come, then, with trust to draw graces from this fountain. I never reject a contrite heart. Your misery has disappeared in the depths of My mercy.”

Words of Jesus to Saint Faustina Kowalska (Diary #1485)

Prayer
Christ Jesus, you have revealed to us the wound of your Heart as a source of mercy and grace for souls. Grant that we may humbly and confidently recognize our misery before you, that you may plunge us into the abyss of your love.

We ask your forgiveness for our indifference and lack of love, for our lack of faith, for our negligence, ingratitude, and contempt; for our pride and lack of trust; for all our sins, and especially for those of consecrated souls, your beloved children.

Sacred Heart of Jesus
R/. Thy Kingdom Come!
Day 7

"The Sacred Heart of Our Lord Jesus Christ will work in every moment of my life if I let him. He will love me, desire me, and make up for all of my faults" ... "In this divine heart everything, even the bitterest suffering, is changed into love.”

Saint Margaret Mary Alacoque

Prayer

Christ Jesus, your Sacred Heart is the very source of love, where all is transformed. Help us to us to simply **offer** you the struggles and joys of every day, letting you work in our lives to transform them and reign in us.

We ask your forgiveness for our indifference and lack of love, for our lack of faith, for our negligence, ingratitude, and contempt; for our pride and lack of trust; for all our sins, and especially for those of consecrated souls, your beloved children.

**Sacred Heart of Jesus**

R/. Thy Kingdom Come!
Day 8

"My Heart overflows with great mercy for souls and especially for poor sinners. If only they could understand that I am the best of fathers to them, and that it is for them that the blood and water flowed from my Heart as from a fountain overflowing with mercy. For them I dwell in the tabernacle as King of Mercy. I desire to bestow My graces upon souls, but they do not want to accept them. You, at least, come to Me as often as possible and take these graces they do not want to accept. In this way you will console My Heart."

Words of Jesus to Saint Faustina Kowalska (Diary #367)

Prayer

Christ Jesus, your heart is full of treasures for souls. Grant us the ability to embrace all of your gifts with eagerness and gratitude, that they will bear fruit in us, unite us to you, and console you.

We ask your forgiveness for our indifference and lack of love, for our lack of faith, for our negligence, ingratitude, and contempt; for our pride and lack of trust; for all our sins, and especially for those of consecrated souls, your beloved children.

Sacred Heart of Jesus
R/. Thy Kingdom Come!
Day 9

"In the excess of the mercy of my Heart, I promise you that my all-powerful love will grant to all those who will receive Communion on the First Fridays, for nine consecutive months, the grace of final repentance: they will not die in my displeasure, nor without receiving the sacraments; and my Heart will be their secure refuge in that last hour."

Words of Jesus to Saint Margaret Mary Alacoque

Prayer

Jesus, you who are love and mercy incarnate, grant us to love your Sacred Heart in such a way that in it we have our refuge and salvation, and that by letting you love in us, you will establish your reign of love in the world.

We ask your forgiveness for our indifference and lack of love, for our lack of faith, for our negligence, ingratitude, and contempt; for our pride and lack of trust; for all our sins, and especially for those of consecrated souls, your beloved children.

Sacred Heart of Jesus

R/. Thy Kingdom Come!